"To elicit genuine celebration [joy], obedience must work itself into the ordinary fabric of our daily lives. Without that, our celebration carries a hollow sound." – Richard Foster

"God's normal means of bringing His joy is by redeeming and sanctifying the ordinary junctures of human life." – Richard Foster

Brother Lawrence: "practicing the presence of God"

Dallas Willard: the "with-God life"

Jean Pierre Cuassade: "sacrament of the present moment"

John Mark Comer: "living in the overlap of heaven and earth"

AW Tozer: "habitual conscious communion"

Apostle Paul: "praying without ceasing" (1 Thessalonians 5:17)

"Most people don't really think prayer makes a difference in how God acts. The majority of us are fatalistic when it comes to prayer. Lots of people honestly believe that what's going to happen is going to happen, with or without prayer. That kind of twisted, lazy theology is what sucks the life out of people's prayers. Are you saying my prayers really make a difference in what God does or does not do? Yes. Do not miss that. Many Jesus followers do. What I'm saying is really important. Prayer changes reality. Prayer moves the hand of God." – John Mark Comer, *My Name Is Hope*

"He said to God that it was His business he was on, and having prayed in this manner, he gave it no further thought."

- Brother Lawrence, The Practice of the Presence of God

"The key is training, not trying. Trying just gets you more of what you have now. We are not trying to be different people, we are training to be different people."

- Dallas Willard, The Divine Conspiracy



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Main Idea: Paul puts us in touch with the reality of a life with God that should lead us over time to experience exactly the joy and peace described in these verses even when our circumstances don't change for the better.

The problem with just liking the idea of rejoicing is that it doesn't translate into ______.

God's desire is to	us within the situations	This kind of awareness of the nearness and love of God actually	
that make us anxious, not bypass them.		sets us	·
		Anxiety will always be ours in abundance if we believe that what	
		we possess is by my	, for me to use
		how I like, and for me alone.	
Paul assumes that we can be	e aware of and in tune with the		
	himself in our lives.		
		We become when we rea	
		we are simply for	r a season, and all that we have
		is available for others.	
No one would dare to celeb	rate the year of jubilee unless they had		
a deep trust in the	of God to provide for their		
needs.		Two More Instructions	
		1) on these thin	gs (v. 8)
		2) Put these things into	(v. 9)