

**Reflection/Response:**

December 08, 2025  
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**SHERWOOD**  
BAPTIST CHURCH

**THE NEED FOR ENDURANCE    Hebrews 10:32-39**

“But remember the former days, when, after being enlightened, you endured a great conflict of sufferings, partly by being made a public spectacle through reproaches and tribulations, and partly by becoming sharers with those who were so treated. For you showed sympathy to the prisoners and accepted joyfully the seizure of your property, knowing that you have for yourselves a better possession and a lasting one. Therefore, do not throw away your confidence, which has a great reward. For you have need of endurance, so that when you have done the will of God, you may receive what was promised. For yet in a very little while, He who is coming will come, and will not delay. But My righteous one shall live by faith; And if he shrinks back, My soul has no pleasure in him. But we are not of those who shrink back to destruction, but of those who have faith to the preserving of the soul.” - **Hebrews 10:32-39**



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**Endurance – The ability to sustain an activity for an extended period of time**

The only thing that prepares you to sustain continuous activity for an extended period of time is \_\_\_\_\_.

1. \_\_\_\_\_ the source of the trial
2. Look to GOD for \_\_\_\_\_
3. \_\_\_\_\_ under the trial
4. \_\_\_\_\_ others while enduring trials
5. Control your emotions
  - a. \_\_\_\_\_ your emotions and pain with God
  - b. \_\_\_\_\_ the situation to His care
  - c. Take every thought \_\_\_\_\_
6. Understand it will not last forever
7. \_\_\_\_\_ is the example