

## The Need for Endurance

### Hebrews 10:32-39

Endurance- the ability to sustain an activity for an extended period of time.

The only thing that prepares you to sustain continuous activity for an extended period of time is \_\_\_\_\_.

1. \_\_\_\_\_ the source of the trial
2. Look to GOD for \_\_\_\_\_
3. \_\_\_\_\_ under the trial
4. \_\_\_\_\_ others while enduring trials
5. Control your emotions
  - A. \_\_\_\_\_ your emotions and pain with God
  - B. \_\_\_\_\_ the situation to His care
  - C. Take every thought \_\_\_\_\_
6. Understand it will not last forever
7. \_\_\_\_\_ is the example

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|         |     |          |       |         |     |
|---------|-----|----------|-------|---------|-----|
| FUTURE  | WE  | DID      | TAKE  | FORT    | LIE |
| CAPTIVE | OFF | EVERY    | FAIR  | ARM     | WAS |
| SUFFER  | GOT | PLAN     | AFTER | THOUGHT | OF  |
| HELMET  | TO  | FIRST    | MAKE  | SAFE    | IT  |
| SHIELD  | NOT | OBEDIENT | FREE  | SLAY    | ALL |
| STAFF   | TO  | BATTLE   | FROM  | CHRIST  | IF  |

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