

## The Rest of God (Part 2)

### Hebrews 4:1-11

**Big Idea:** Our complete rest flows from God's creation rest.

Unbelief leads to sin, sin leads to restlessness, but if we trust God, rest can be restored.

**What does this text teach us about God's rest?**

- We should be afraid of not entering God's rest. (v. 1)
- We enter God's rest by believing the good news preached to us (v. 2-7).
- We only \_\_\_\_\_ God's rest through Jesus. (v. 8-9)
- We find new depths of God's rest when we \_\_\_\_\_ what God says about us and \_\_\_\_\_ what God said to us. (v. 10-11)

**Response and Reflection:**

**Principle 10:** Rest calms us when easily \_\_\_\_\_.

**Principle 11:** Rest enables us to be \_\_\_\_\_ and secure.

**Principle 12:** Rest is \_\_\_\_\_ when we cling to sin.

**Principle 13:** Rest restores \_\_\_\_\_ on three levels.

**Principle 14:** Rest encourages \_\_\_\_\_ with God.

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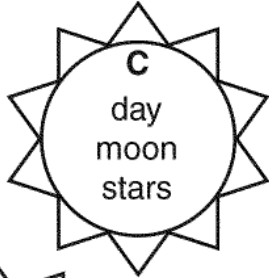
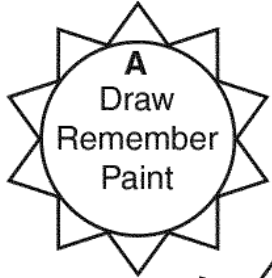
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# Remember the Sabbath

God gives us instructions concerning the days of the week.

In each sun, circle the word that doesn't belong.  
Write it in the correct blank below.

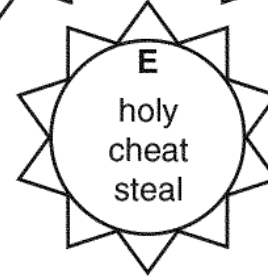
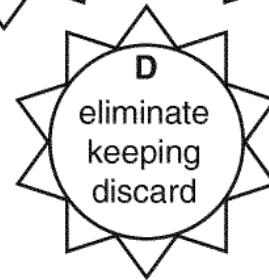
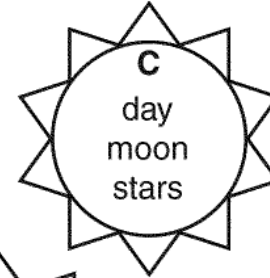
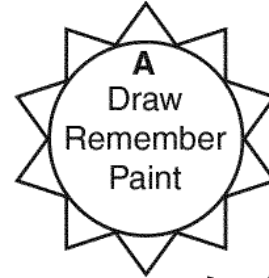


“ \_\_\_\_\_ the \_\_\_\_\_  
          A                                  B  
\_\_\_\_\_ by \_\_\_\_\_  
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