

The Beginning of Rest

Genesis 2:1-3

There are 2 primary words for rest in Hebrew.

1. *Shabbat* means to stop _____.
2. *Nuakh* means to dwell, _____ or abide.

God rests from His _____ (shabbat; Genesis 2:2-3) and then God rests His people to _____ with Him (nuakh; Genesis 2:15).

Key Truth: Our _____ is connected to His _____ work.

God sets a pattern in creation that He repeats at key moments in the future.

- _____ Rest: Genesis 2:1
- _____ Rest: John 19:30
- _____ Rest: Philippians 1:6

Five principles of rest from the creation account:

Principle 1: Rest requires personal _____.

Principle 2: Rest involves humble _____.

Principle 3: Rest includes elements of _____ and joy.

Principle 4: Rest is satisfied in completed _____.

Principle 5: Rest is fully _____ with God.

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What happened on the seventh day?

Complete the sentences with words that match the time on the clock.



By the _____ had
 _____ the _____ had been _____;
 so on the _____
 from all _____. And _____
 the _____ and _____ it _____.



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