

Practicing the Rhythms of Rest

Hebrews 4:11

Key Idea: _____ practice produces
_____ results.

What does this text teach us about applying God's Word to experience God's rest?

1. The _____ to practice is with diligence.

How do we diligently apply God's Word to receive its benefits?

- Pay _____ to what God said. (Heb. 2:1)
- _____ what God said. (Heb. 4:11)
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2. The _____ of practice is to enter God's rest.

3. The _____ of practice is don't repeat the same mistakes.

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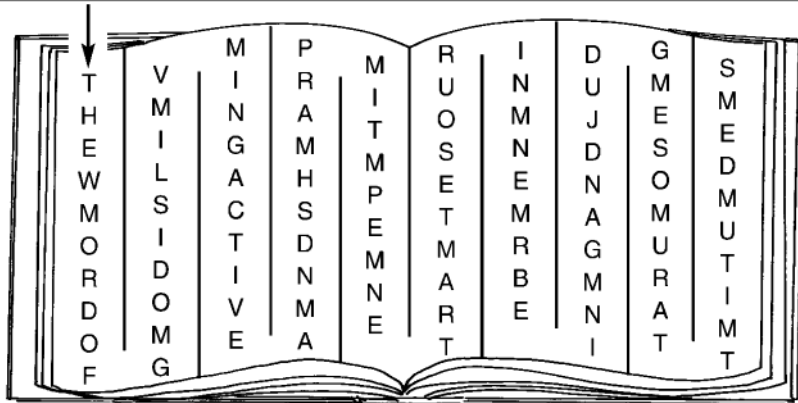
3. The _____ of practice is don't repeat the same mistakes.

The Word of God Is Alive



The Bible is not just a book full of stories and interesting facts.

Following the path through the Bible, remove all the M's.
Write the remaining letters in the blanks below.



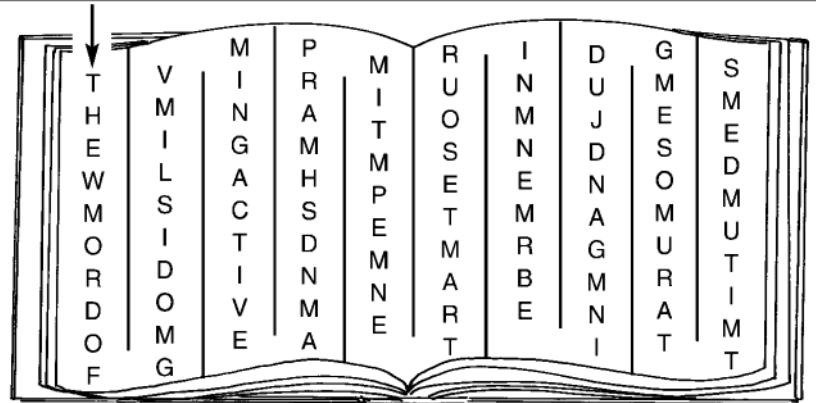
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