

May 31, 2026
Tim Johnson
(#7 in series)

GOOD FENCES

✦ A BOUNDARY SERIES ✦

Time Boundaries

Psalm 39:4-6; Ecclesiastes 3:1; Ephesians 5:15-16

Key Truth: Life is _____. Your season is specific. Steward it with _____.

Two biblical perspectives on time:

“A _____ perspective on time recognizes life is short, embraces the season it is in and stewards it with wisdom.”

“A _____ perspective on time treats time as unlimited, resents the season it is in and drifts through it.”

Psalm 39:4-6 (NIV)

Show me, Lord, my life's end and the number of my days; let me know how fleeting life is. You have made my days a mere handbreadth; The span of my years is nothing before You. Everyone is but a breath, even those who seem secure. Surely everyone goes around like a mere phantom; in vain they rush about, heaping up wealth without knowing whose it will finally be.

Boundary #1: _____ your time and recognize that it is short

When you recognize life is short, you stop _____ it on the things that do not matter.

Boundary #2: Name your _____ and accept it

Time is not just passing; it's _____.

Ecclesiastes 3:1 (NASB1995)

There is an appointed time for everything. And there is a time for every event under heaven.

Boundary #3: _____ your season with wisdom

Ephesians 5:15-16 (ESV)

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.

Romans 12:2 MSG

Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out.

Response/Reflection: Prayerfully reflect upon the following questions.

1. Name your _____
 - Am I living with a wise or foolish perspective on time?
 - Am I treating my days as unlimited or numbered?
 - Am I embracing my season or resenting it?
 - Am I stewarding my time or drifting through it?

2. Name your _____
 - Where am I at right now—and what comes with it?
 - What are the blessings of this season that I need to enjoy?
 - What are the losses in this season that I need to grieve?

3. Identify the _____ in the fences around your time
(Examples: screen time, constant busyness, saying yes to everything, never slowing down)
 - Where are there no guardrails on my time?
 - Where am I overextended?
 - Where am I numbing out?
 - Where am I wasting time instead of redeeming it?

4. Build _____ that lead to wisdom
 - What rhythms would help me walk wisely in this season?
(time in the Word, time in prayer, Sabbath rest, intentional community, giving time to serve or slow down)
 - Where do I need to say no?
 - Where do I need to be with God?
 - Where do I need to be with people?
 - Where do I need to align my life with wisdom?



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